

COACH APPROACH



for ORGANIZERS™

CoachApproachforOrganizers.com ■ ■ ■ ■ ■ 417-683-1064

Interviewing an Organizer Coach or ADHD Coach

A *Certified Organizer Coach*® (COC) is an experienced professional organizer who has comprehensive coach training and demonstrated coaching competence. They have completed the *Coach Approach for Organizer*™ foundation program as well as specific advanced courses. This is coach training designed specifically for organizers with a detailed focus on the ADHD client and ADHD coach techniques. As a result, COCs have a triple proficiency (organizing, coaching and ADHD). *Certified Organizer Coaches*® have also been vetted in a thorough application and assessment process and certified by the *Institute for Applied Coaching*™. Many COCs have pursued additional training in the areas of ADHD and ADHD Coaching.

Finding a great coach *who truly suits you* is key to a supportive and productive coaching relationship. We recommend you interview more than one before making your choice. Develop a list of questions that will help you learn from potential coaches their qualifications, philosophy, business practices and compatibility. We're sharing questions you may want to *edit to suit you* – and then use when speaking with an Organizer Coach or an ADHD Coach to determine if they are a good match for you.

Organizer Coach

What type of specific training do you have as an organizer?

Do you hold any organizing certifications?

How many years have you been working with people who are disorganized?

How many years have you been working with people who have ADHD?

How many hours of coach training do you have?

Do you hold any coaching certifications?

Is the coach training program you graduated from approved or accredited by the International Coach Federation?

How do you combine your organizing and coaching skills to serve your clients?

If I'm already working with a professional organizer, how might you collaborate with us?

What type of continuing education do you participate in?

What sets you apart?

What is your fee structure?

How often do you typically meet with your clients and via what means?

What are your organizing and coaching philosophies?

ADHD Coach

What type of specific ADHD training do you have?

What do you do to stay abreast of what's happening in the field of ADHD?

What is your approach to working with a client with ADHD?

How many clients with ADHD have you worked with?

How many hours of coach training do you have?

Do you hold any coaching certifications?

Is the coach training program you graduated from approved or accredited by the International Coach Federation?

Did your training include practice coaching and feedback on your coaching from your instructors?

What type of continuing coaching education for do you participate in?

What sets you apart from other ADHD coaches?

What is your fee structure?

How often do you typically meet with your clients and via what means?

What is your coaching philosophy?